

FIELDING



1. Ready Position
 - a. Facing batter ball and Eyes up
 - b. Knees bent / almost like sitting / butt down
 - c. Glove down
2. As ball comes, slide left or right to keep ball in front
 - a. Start with rolling the ball directly to the child.
 - b. As they get more comfortable, roll ball to one side or the other
3. Ball goes into the glove, the other hand traps the ball in the glove. **Alligator Chomp**
4. Pull ball **up to the belly button.**
5. Turn body to get ready to throw

Notes:

- Can be done without a glove. Make sure child uses the hand they do not throw with.
- Any other ball can be used.
 - Nerf ball
 - Whiffle Ball
 - Make a ball out of masking tape / duct tape / rubber bands / etc.
- Practice inside or outside